

Seventy-Seven Days of Mercy

Day Twenty-One

“I eventually came to understand that in harboring the anger, the bitterness and resentment toward those that had hurt me, I was giving the reins of control over to them. Forgiving was not about accepting their words and deeds. Forgiving was about letting go and moving on with my life. In doing so, I had finally set myself free.”

Isabel Lopez



From the remains of Coventry Cathedral in England after it was bombed in World War II. The words “Father Forgive” were engraved after the attack.