

# Medical/Dental

## **Catholic Charities West Michigan**

Family, Individual, children counseling.  
Substance abuse treatment. Domestic Violence  
Counseling. [ccwestmi.org](http://ccwestmi.org) (231)726-1214  
**Kolbe Detox Center**, 1713 -7th St., Muskegon

## **LaLeche League**

Support meetings for breastfeeding  
challenges;  
Contact: Mary Swisher—(231)777-3238  
<https://llusa.org/about-us/>

## **Love In Action**

Dental and Health Clinic open for referrals from  
the Love Office. Vision Ministry partnership with  
Shoreline Vision.  
Contact: (616)846-2701  
[loveinactiontricity.org](http://loveinactiontricity.org)  
326 N. Ferry St., Grand Haven

## **Ottawa Pathways to Better Health**

Guide and connect clients to health, food, cloth-  
ing, housing, financial, utility assistance, transpor-  
tation, education and employment. Eligibility:  
18yrs+ or pregnant and live in Ottawa County.  
Contact: Judy (616)368-0900

## **Mosaic Counseling**

Holistic approach to counseling. Mental Health  
Therapy, Massage and energy work. Free counsel-  
ing services are provided to students in over 30  
schools.  
Contact: (616)842-9160 [mosaiccounseling.com](http://mosaiccounseling.com)  
1703 S. Despelder St., Grand Haven

# Faith Connections

## **Saint Mary's Sisters in Christ**

Women's group provides an opportunity for  
fellowship and community building for women of  
all walks of life. We will review the upcoming  
mass readings, topic questions, and allow for  
prayer requests to support each sister and the  
intentions placed on their hearts.  
1st Wed. of the month 7-8:15 pm.  
3rd Wed. of the month 9-10:15 am.  
St. Mary's Church, 406 E. Savidge, Spring Lake  
Contact: Megan Tobin [tobinmew@gmail.com](mailto:tobinmew@gmail.com)



## **Serving Moms in Need**

*Let's talk.* We are here to journey with you  
for any needs you have.  
Contact: **Walking With Moms in Need**  
St. Mary's Church, (616) 842-1702 ext. 123  
[walkingwithmoms@stmarysl.org](mailto:walkingwithmoms@stmarysl.org)

# Pregnancy Services

## **Catholic Charities West Michigan**

Counseling & case management; full service  
adoption agency; baby pantry, diapers;  
prenatal preparedness, parenting classes;  
post abortion counseling.  
Appt. needed 8am-3pm Monday-Friday  
Walk-ins; Tuesday 11am-1pm,  
Thursday, 1pm to 3pm.  
Contact: (231)726-4735  
1720 Park St., Muskegon [ccwestmi.org](http://ccwestmi.org)  
Baby Pantry (231)726-5341

## **Positive Options—Grand Haven**

Ultrasound testing, pregnancy test, prenatal  
education; baby pantry; sexual risk avoidance  
training for schools.  
Contact: Shelley Hollar—(616)842-7510  
Suite 130, 700 Washington St., Grand Haven  
[mypositiveoptions.org](http://mypositiveoptions.org)

## **Muskegon Pregnancy Services**

Ultrasound testing; pregnancy test; STD/STI  
testing; post abortion counseling; prenatal and  
parenting education; baby pantry, diapers;  
sexual risk avoidance training for schools.  
Contact: Deb Null—(231)726-2677  
1775 Wells Ave., Muskegon  
[muskegonpregnancyservices.org](http://muskegonpregnancyservices.org)

## **Options Women Care Center**

Medical testing and pregnancy testing  
1275 Peck Street, Muskegon (231)769-0320

# Food / Clothes

## **St. Mary's Food Pantry**

Food pantry, financial help with housing, utilities and other needs on an individual basis by appointment only. Works closely with Love In Action and a consortium of other churches.

Contact: Dorothy Raha—(616)842-2602

## **People Center**

Food pantry—3 day supply of food up to 4x per year. Clothes—men, women, children, small selection of household items, toys, books and backpacks. [thepeoplecenter.org](http://thepeoplecenter.org)

Contact: Karen (616)844-6710  
307 E. Exchange. Spring Lake

## **WIC**

Food assistance, nutritional counseling and lactation support for pregnant women and women who have given birth (within 12 months), and moms with children under age 5. Eligibility based on income and residency.

Contact: (616)844-0097  
1705 S. Beacon Blvd.

## **Love In Action—Tri Cities**

Benevolence Ministry—clothing vouchers, food vouchers, financial fitness.

(616)-846-2701 [loveinactiontricity.org](http://loveinactiontricity.org)  
326 N. Ferry, Grand Haven

## **Kids Belong Clothing Closet**

Clothes for foster and adoptive families by appointment only.

Contact: Watermark Church, (616)844-7640  
13060 US 31, Grand Haven [kidsbelong.org](http://kidsbelong.org)

## **Job Seekers - St. Patrick/St. Anthony**

Tuesday, Wednesday, Thursday 10am to 2pm  
One on one employment assistance, guidance, resume help. Contact: (616)842-0001 ext. 143  
[jobseeker@stpatsgh.org](mailto:jobseeker@stpatsgh.org)

# Housing

## **Catholic Charities West Michigan**

Work with women to develop goals, this could include help with seeking affordable housing and employment, baby pantry, diapers.

Contact: (231)726-4735  
1720 Park St., Muskegon [ccwestmi.org](http://ccwestmi.org)

## **Love In Action—Grand Haven**

Harbor Hall and Hope House are taking applications.

(616)846-2701 [loveinactiontricity.org](http://loveinactiontricity.org)  
326 N. Ferry St., Grand Haven

## **Family Life Center—Allendale**

Christian housing for young women experiencing unplanned pregnancies, must be 18 yrs+. Not able to provide housing to a woman with additional children. Fill out on-line application and, an in-person interview.

Contact: Mary Dyke RN—OB Prog. Coord.  
(616)895-8336 ofc, (616)551-8368 cell  
[Mary@familylifecenterhome.org](mailto:Mary@familylifecenterhome.org)

## **Family Promise along the Lakeshore**

Serves homeless families in Muskegon and North Ottawa county with nightly shelter in various churches, transportation, day center with Life Skills classes. [fp-lakeshore.org](http://fp-lakeshore.org)

Contact: (231)747-8855  
2160 Crozier Ave., Muskegon

## **Resilience**

Serving victims and survivors of domestic and sexual abuse, women and children in Ottawa County. 24-hour help line, emergency and affordable housing, legal advocacy, rape exam court admissible evidence.

Contact: Christina Scarpino-  
[ChristinaS@resiliencemi.org](mailto:ChristinaS@resiliencemi.org)  
411 Butternut Dr., Holland