

Medical/Dental

Catholic Charities West Michigan

Family, Individual, children counseling.
Substance abuse treatment. Domestic Violence
Counseling. ccwestmi.org (231)-726-1241
Kolbe Detox Center, 1713 7th St., Muskegon

Love In Action

Dental and Health Clinic open for referrals from
the Love Office. Vision Ministry partnership with
Shoreline Vision.

Contact: (616)-846-2701

loveinactiontricity.org

326 N. Ferry St., Grand Haven

Ottawa Pathways to Better Health

Guide and connect clients to health, food, cloth-
ing, housing, financial, utility assistance, transpor-
tation, education and employment. Eligibility:

18yrs+ or pregnant and live in Ottawa County.

Contact: Judy (616)-368-0900

Mosaic Counseling

Holistic approach to counseling. Mental Health
Therapy, Yoga, Massage and energy work. Free
counseling services are provided to students in
over 30 schools.

Contact: (616)-842-9160 mosaiccounseling.com

1703 S. Despelder St., Grand Haven

Moms Group St. Patrick/St. Anthony

Fellowship of women providing spiritual, social,
emotional and practical support in the vocation of
motherhood. Meetings are Thursday, 9:30—
11:30am, Sept. thru May.

Contact: Nancy Megley, RN, (616)-414-0156

nancymegley@stpatsgh.org

Job Seekers - St. Patrick/St. Anthony

Tuesday, Wednesday, Thursday 10AM to 2PM.
One on one employment assistance, guidance,
resume help. Contact: (616)-842-0001 ext. 143
jobseeker@stpatsgh.org

Moms Bloom In-Home Support for new
moms. Volunteer helper available in Spring
Lake. (616)-828-1021 momsbloom.org

Walking with
Moms in Need
a year of service



Pregnancy Services

Catholic Charities West Michigan

Counseling & case management; full service
adoption agency; baby pantry, diapers;
parenting classes; post abortion counseling.

Contact: Molly Thomas—(231)-215-1211

Call for address, Muskegon ccwestmi.org

Positive Options—Grand Haven

Ultrasound testing, pregnancy test, prenatal
education; baby pantry; sexual risk avoidance
training for schools.

Contact: Shelley Hollar—(616)-842-7510)

Suite 130, 700 Washington St., Grand Haven

mypositiveoptions.org

Muskegon Pregnancy Services

Ultrasound testing; pregnancy test; STD/STI
testing; post abortion counseling; prenatal and
parenting education; baby pantry, diapers;
sexual risk avoidance training for schools.

Contact: Deb Null—(231)-726-2677)

1775 Wells Ave., Muskegon

muskegonpregnancyservices.org

Embrace Grace

12 week support group for any single, young
woman with an unplanned pregnancy,
includes teaching from Embrace Grace, small
group discussion and prayer time.

Contact: Gail Lahr—(616)-847-0149

St. Mary's Church larusselli@yahoo.com

LaLeche League

Support meetings for breastfeeding
challenges; pumping and milk storage.

Contact: Mary Swisher—(231)-777-3238)

<https://llusa.org/about-us/>

Food / Clothes

St. Mary's Food Pantry

Food pantry, financial help with housing, utilities and other needs on an individual basis by appointment only. Works closely with Love In Action and a consortium of other churches.
Contact: Dorothy Raha—(616)-842-2602

People Center

Food pantry—3 day supply of food up to 4x per year. Clothes—men, women, children, small selection of household items, toys, books and backpacks. thepeoplecenter.org
Contact: Karen (616)-844-6710
307 E. Exchange. Spring Lake

WIC

Food assistance, nutritional counseling and lactation support for pregnant women and women who have given birth (within 12 months), and moms with children under age 5. Eligibility based on income and residency.
Contact: (616)-844-0097
1705 S. Beacon Blvd.

Love In Action—Tri Cities

Benevolence Ministry—clothing vouchers, food vouchers, financial fitness.
(616)-846-2701 loveinactiontricity.org
326 N. Ferry, Grand Haven

Kids Belong Clothing Closet

Clothes for foster and adoptive families by appointment only.
Contact: Watermark Church, 616-844-7640
13060 US 31, Grand Haven kidsbelong.org

Muskegon Pregnancy Services

Baby Pantry, clothes, diapers, accessories
Contact: Deb Null—(231) 726-2677
1775 Wells Ave., Muskegon
muskegonpregnancyservices.org

Positive Options-Grand Haven

Baby Pantry, clothes, diapers, accessories
Contact: Shelley Hollar -616-842-7510
Suite 130, 700 Washington St., Grand Haven
mypositiveoptions.org

Housing

Catholic Charities West Michigan

Work with women to develop goals, this could include help with seeking affordable housing and employment, baby pantry, diapers.
Contact: Molly Thomas- (231) 215-1211
Call for address, Muskegon ccwestmi.org

Love In Action—Grand Haven

Harbor Hall and Hope House are taking applications.
(616)846-2701 loveinactiontricity.org
326 N. Ferry St., Grand Haven

Family Life Center—Allendale

Christian housing for young women experiencing unplanned pregnancies, must be 18 yrs+. Fill out on-line application and a in-person interview.
Contact: Mary Dyke RN—OB Prog. Coord.
(616)895-8336ofc, (616)551-8368cell
Mary@familylifecenterhome.org

Family Promise along the Lakeshore

Serves homeless families in Muskegon and North Ottawa county with nightly shelter in various churches, transportation, day center with Life Skills classes. fp-lakeshore.org
Contact: (231)-747-8855
2160 Crozier Ave., Muskegon

Every Woman's Place

Moms and her children are welcome here for as long as they need the support and safety provided by this organization. Services for victims and survivors of domestic violence, sexual assault and sex trafficking.
Angie Banks—(231)-759-7909. 1221 W. Laketon Ave., Muskegon. everywomansplace.org

Resilience

Serving victims and survivors of domestic and sexual abuse, women and children in Ottawa County. 24-hour help line, emergency and affordable housing, legal advocacy, rape exam court admissible evidence.
Contact: Christina Scarpino- 411 Butternut Dr., Holland ChristinaS@resiliencemi.org