Catholic Charities West Michigan
Family, Individual, children counseling.
Substance abuse treatment. Domestic Violence Counseling. [ccwestmi.org] (231)-726-1241
Kolbe Detox Center, 1713 7th St., Muskegon

Love In Action
Dental and Health Clinic open for referrals from the Love Office. Vision Ministry partnership with Shoreline Vision.
Contact: (616)-846-2701
loveinactiontricities.org
326 N. Ferry St., Grand Haven

Ottawa Pathways to Better Health
Guide and connect clients to health, food, clothing, housing, financial, utility assistance, transportation, education and employment. Eligibility: 18yrs+ or pregnant and live in Ottawa County.
Contact: Judy (616)-368-0900

Mosaic Counseling
Holistic approach to counseling. Mental Health Therapy, Yoga, Massage and energy work. Free counseling services are provided to students in over 30 schools.
Contact: (616)-842-9160 mosaiiccounseling.com
1703 S. Despelder St., Grand Haven

Moms Group St. Patrick/St. Anthony
Fellowship of women providing spiritual, social, emotional and practical support in the vocation of motherhood. Meetings are Thursday, 9:30—11:30am, Sept. thru May.
Contact: Nancy Megley, RN, (616)-414-0156 nancymegley@stpatsgh.org.

Job Seekers - St. Patrick/St. Anthony
Tuesday, Wednesday, Thursday 10AM to 2PM. One on one employment assistance, guidance, resume help.
Contact: (616)-842-0001 ext. 143 jobseeker@stpatsgh.org

Moms Bloom
In-Home Support for new moms. Volunteer helper available in Spring Lake. (616)-828-1021 momsbloom.org

Catholic Charities West Michigan
Counseling & case management; full service adoption agency; baby pantry, diapers; parenting classes; post abortion counseling.
Contact: Molly Thomas—(231)-215-1211
Call for address, Muskegon [ccwestmi.org]

Positive Options—Grand Haven
Ultrasound testing, pregnancy test, prenatal education; baby pantry; sexual risk avoidance training for schools.
Contact: Shelley Hollar—(616)-842-7510
Suite 130, 700 Washington St., Grand Haven mypositiveoptions.org

Muskegon Pregnancy Services
Ultrasound testing; pregnancy test; STD/STI testing; post abortion counseling; prenatal and parenting education; baby pantry, diapers; sexual risk avoidance training for schools.
Contact: Deb Null—(231)-726-2677
1775 Wells Ave., Muskegon muskegonpregnancyservices.org

Embrace Grace
12 week support group for any single, young woman with an unplanned pregnancy, includes teaching from Embrace Grace, small group discussion and prayer time.
Contact: Gail Lahr—(616)-847-0149
St. Mary’s Church larusselli@yahoo.com

LaLeche League
Support meetings for breastfeeding challenges; pumping and milk storage.
Contact: Mary Swisher—(231)-777-3238
https://llusa.org/about-us/
St. Mary’s Food Pantry
Food pantry, financial help with housing, utilities and other needs on an individual basis by appointment only. Works closely with Love In Action and a consortium of other churches. Contact: Dorothy Raha—(616)-842-2602

People Center
Food pantry—3 day supply of food up to 4x per year. Clothes—men, women, children, small selection of household items, toys, books and backpacks. thepeoplecenter.org Contact: Karen (616)-844-6710 307 E. Exchange. Spring Lake

WIC
Food assistance, nutritional counseling and lactation support for pregnant women and women who have given birth (within 12 months), and moms with children under age 5. Eligibility based on income and residency. Contact: (616)-844-0097 1705 S. Beacon Blvd.

Love In Action—Tri Cities
Benevolence Ministry—clothing vouchers, food vouchers, financial fitness. (616)-846-2701 loveinactiontricities.org 326 N. Ferry St., Grand Haven

Kids Belong Clothing Closet
Clothes for foster and adoptive families by appointment only. Contact: Watermark Church, 616-844-7640 13060 US 31, Grand Haven kidsbelong.org

Muskegon Pregnancy Services
Baby Pantry, clothes, diapers, accessories Contact: Deb Null—(231) 726-2677 1775 Wells Ave., Muskegon muskegonpregnancyservices.org

Positive Options-Grand Haven
Baby Pantry, clothes, diapers, accessories Contact: Shelley Hollar -616-842-7510 Suite 130, 700 Washington St., Grand Haven mypositiveoptions.org

Catholic Charities West Michigan
Work with women to develop goals, this could include help with seeking affordable housing and employment, baby pantry, diapers. Contact: Molly Thomas—(231) 215-1211 Call for address, Muskegon ccwestmi.org

Love In Action—Grand Haven
Harbor Hall and Hope House are taking applications. (616)846-2701 loveinactiontricities.org 326 N. Ferry St., Grand Haven

Family Life Center—Allendale
Christian housing for young women experiencing unplanned pregnancies, must be 18 yrs+. Fill out on-line application and a in-person interview. Contact: Mary Dyke RN—OB Prog. Coord. (616)895-8336ofc, (616)551-8368cell Mary@familylifecenterhome.org

Family Promise along the Lakeshore
Serves homeless families in Muskegon and North Ottawa county with nightly shelter in various churches, transportation, day center with Life Skills classes. fp-lakeshore.org Contact: (231)-747-8855 2160 Crozier Ave., Muskegon

Every Woman’s Place
Moms and her children are welcome here for as long as they need the support and safety provided by this organization. Services for victims and survivors of domestic violence, sexual assault and sex trafficking. Angie Banks—(231)-759-7909. 1221 W. Laketon Ave., Muskegon everywomansplace.org

Resilience
Serving victims and survivors of domestic and sexual abuse, women and children in Ottawa County. 24-hour help line, emergency and affordable housing, legal advocacy, rape exam court admissible evidence. Contact: Christina Scarpino— 411 Butternut Dr., Holland ChristinaS@resiliencemi.org